

skillsupply
LEARNING THROUGH EXPERIENCE

First Aid Skills
Gawsworth Primary School

IN THIS REPORT

First Aid Skills for Year 6

by Dom & Liz Surry

We were really pleased to be able to come back to Gawsworth Primary School and work with the Year 6 class teaching children first aid.

Following our Youth First Aid programme, children learned about the importance of staying safe and getting help.

Our course covered dealing with unconscious casualties who were breathing and putting them into the recovery position before going for help and calling 999.

After listening to a 999 call and all the things you may be asked we went on to dealing with casualties who were not breathing. Performing CPR (cardio pulmonary resuscitation or Call (999), Push (on the chest), Rescue (breaths).

With the AED / defib being outside the shop across from the school we demonstrated how the pads are applied and how to follow the instructions.

We moved onto dealing with choking casualties and asthma. Common issues that children had real experiences of. Discussions and feedback demonstrated that children hadn't realised how important it was to deal promptly with these situations as they could become life threatening.

Bleeding has always been a love it or hate it part of our sessions. The thought of blood can make any of us uncomfortable. However, all the children loved practicing applying dressings to each other.

Let's hope none of them ever have to use their skills, but they now have some good knowledge if they do.

Above all else, remember to **stay safe and get help.**



Inside…

Over the next few pages read and see what the class got up to.

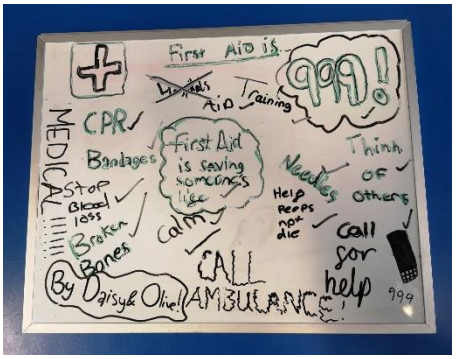


Our day with Year 6

So what is first aid and what do first aiders do?







We then spent time spotting dangers in everyday scenes and working out if they would cause us harm.



We continued onto the rest of the primary survey – response, airway, breathing and circulation check.



Shout and Shake. No response.



Open the Airway and check for breathing.



Getting them into the recovery position before going for help.



Open the airway again, check breathing and go for help.

What if they are not breathing? **C**all for help, **P**ush 30 times on their Chest and provide two **R**escue breaths – CPR.





Some excellent skills practice.





Our Junior manikin got a battering with all the choking followed by back blows and abdominal thrusts.

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We then moved on to some more common ailments and injuries through talking about experiences with asthma, fainting and then bleeding. Most importantly what to do to provide First Aid.





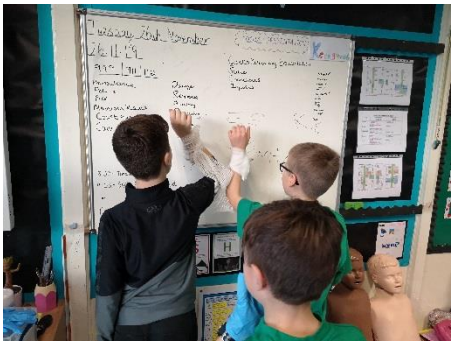


Everyone had a chance to take care of a major bleed to the arm and the hand.





Some super bandaging skills.



Even embedded objects – wipe board markers!

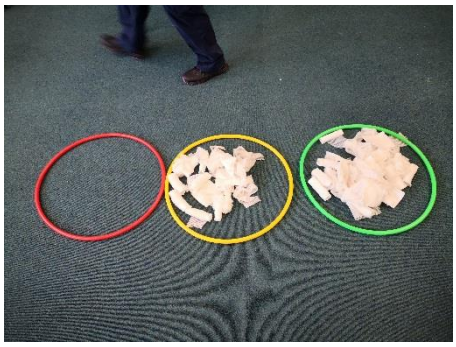
Children had to keep practicing until they had some effective skills and a 10 out of 10.



A big thumbs up!

We always try to improve our work so feedback is a common theme on any of our courses.

Here they used a red, yellow green approach and their used dressings to indicate what they thought of the day.



See below all the pictures from a busy and worthwhile day. Don't forget to let Liz or Dom know if you have to use your First Aid skills.

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All the pictures for the session can be seen below:
















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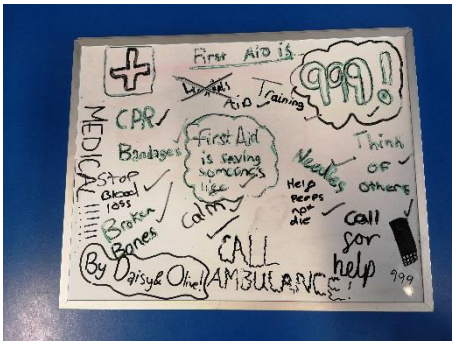











First Aid is
999!
CPR
Bandages
Stop blood loss
Broken Bones
First Aid is saving someones life
Calm
Help keeps not die
Needles
Think of Others
Call for help
CALL AMBULANCE
By Daisy & Olivia































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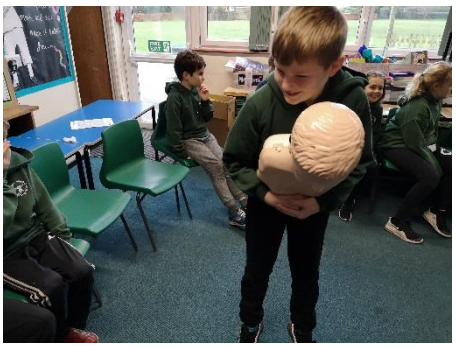


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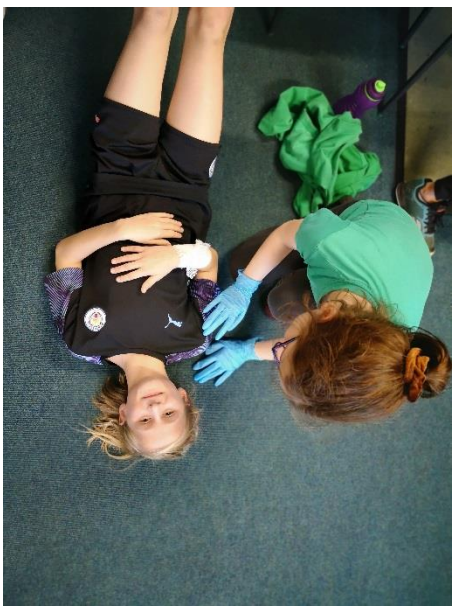








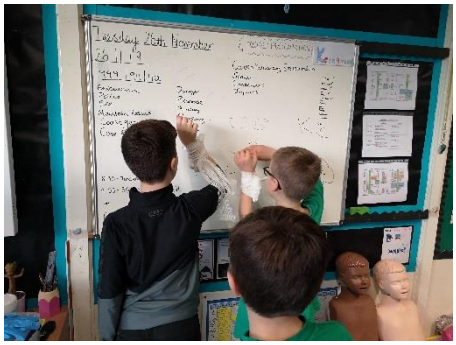


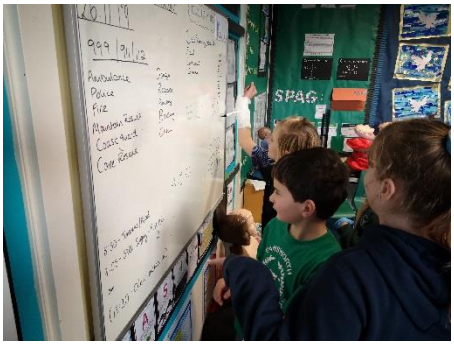


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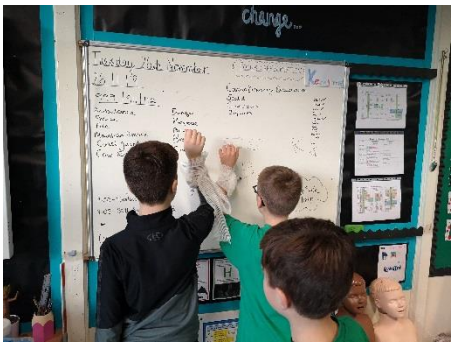




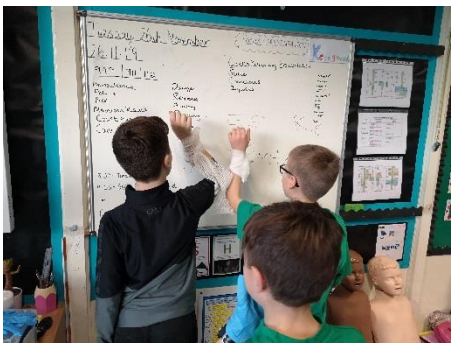








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Want to know More?

Please contact Liz or Dom at Skill Supply to discuss what we could do for your school or organisation

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